

# TRI MATRIX MD™

## 3-LEVELS of EFFICACY

AGE MANAGEMENT  
SPORTS PERFORMANCE  
LIPOLYSIS via Nitric Oxide

### PRODUCT DATA & INFORMATION

### DIRECTIONS FOR USE

#### **Long-Term Safety**

#### **A Safe Pathway for L-Arginine**

TRI MATRIX MD™ researchers first identified L-Arginine as a Blind Amino Acid® in 1983 and developed a unique isoform cell-signaling transport pathway for the amino acid L-Arginine. When co-administered with a Blind Amino Acid® Rider (BAAR), the amino acid L-Arginine can be utilized orally in humans safely long-term.\* Without a Blind Amino Acid® Rider, oral ingestion of L-Arginine has been shown in clinical trials to be *unsafe* in humans. (Journal of the American Medical Association/Johns Hopkins University). The TRI MATRIX MD™ formula has been tested in over 250,000 humans for safety and efficacy. The Patent was awarded in 2003.

#### **Ingredients**

Each serving of 1 scoop (12.5g) of TRI MATRIX MD™ contains 5g of elemental Pharmaceutical grade L-Arginine co-bonded to a Blind Amino Acid® Rider (com), and the co-factors required for the metabolism of L-Arginine.

#### **Contraindications**

Do not take L-arginine with L-Citrulline, Lysine, or any other amino acid or protein. Do take with food or any beverage other than water. Taking TRI MATRIX MD™ with food, beverages, or other amino acids (such as Citrulline)

will not cause a negative reaction, but the product simply will not be effective.

## **NITRIC OXIDE PROTOCOL** **FOR: ATHLETES, AGE-MANAGEMENT, LIPOLYSIS**

**TRI MATRIX MD™ is a dietary supplement formulated with the appropriate levels and forms of L-arginine (proven safe in humans for over 30-years) which helps the body create more life-supporting Nitric Oxide.\***

- **The amino acid L-arginine helps keep blood vessels toned and flexible for healthy vascular function.\***
- **Nitric Oxide production supports healthy blood pressure levels already within a normal range and blood vessel elasticity.\***
- **L-arginine supports Nitric Oxide production and blood flow for the healthy function of the heart, brain and other organs.\***

### **TRI MATRIX MD™ NITRIC OXIDE PROTOCOL**

The *Daytime* dose of TRI MATRIX MD™ for the Nitric Oxide Protocol, Lipolysis, and Daytime Age-Management is 1 serving (1 scoop). The Daytime dose and the *Night-Time* dose are totally different, because they require *different doses* and help produce *different benefits*.

The actions and benefits of TRI MATRIX MD™ are based on Timing and Dosage.

For example, the Night-Time dose and Protocol (see below) for TRI MATRIX MD™ are specific to helping the body generate natural Growth Hormone (GH) from the hypothalamus and pituitary gland, which are responsible for the natural production of growth hormone.\*

This would be appropriate for Athletes and Age-Management, since GH is a primary anti-aging-related hormone.

The mechanism for Nitric Oxide (NO) is seen in Figure 1. NO is produced with both the Daytime and Night-Time Protocols. But the GH Protocol is achieved only with the Night-Time Protocol during the Delta sleep cycle (Figure 2.)\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. (This statement on all Dietary Supplements is required by FDA law)

### **TRI MATRIX MD™**

**NITRIC OXIDE (NO) SPORTS DRINK PROTOCOL:** Mix 1 serving in 12-16 ounces of plain water and sip during exercise. TRI MATRIX MD™ contains Low Glycemic carbohydrates that help provide balanced blood glucose levels during exercise. May be taken 1-3 times per day. You must be 23 years or older to use this Protocol.

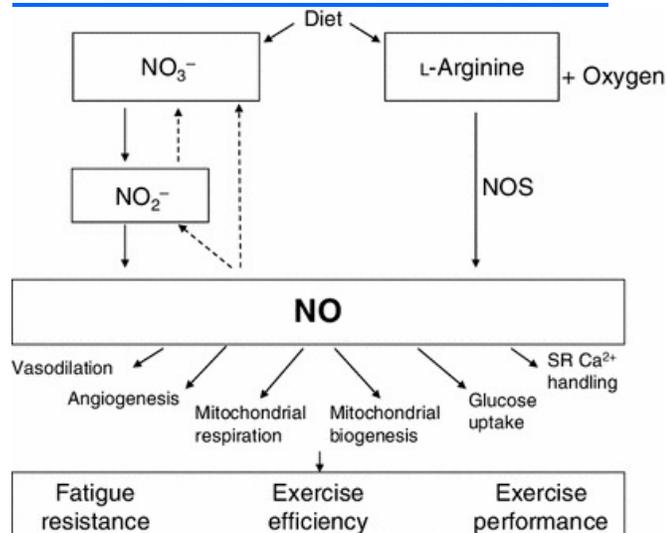
### **TRI MATRIX MD™**

**AGE-MANAGEMENT NITRIC OXIDE (NO) PROTOCOL:** Mix one serving with 4-8 oz. water (depending on individual taste). Stir briskly to dissolve. Add ice cubes to activate the flavor system (if desired). Do *not* use flavored or enhanced water, do not use juice, use only plain water, either tap water or preferentially reverse osmosis water. Do not use alkaline water, or any water whose pH has been altered. Consume one (1) serving taken 1 hour away from food. One serving may be consumed up to 1-2 times per day (or as directed by a physician). Do not take more than 1 serving at one time. You must be 23 years or older to use this Protocol.

### **TRI MATRIX MD™**

**NITRIC OXIDE (NO) LIPOLYSIS PROTOCOL:** Mix 1 serving in 8-12 ounces of plain water (the amount of water used is your choice, use more water for better hydration) and sip during exercise. Even if you walk around the block, that is considered exercise. The Lipolysis Protocol requires walking or any kind of exercise, based on your own level of fitness. May be taken 2 times per day - Do not take more than 2 times per day. You must be 23 years or older to use this Protocol.

## FIGURE 1. THE MECHANISM: NO



## TRI MATRIX MD™

### ATHLETES & AGE-MANAGEMENT NIGHT-TIME GH PROTOCOL

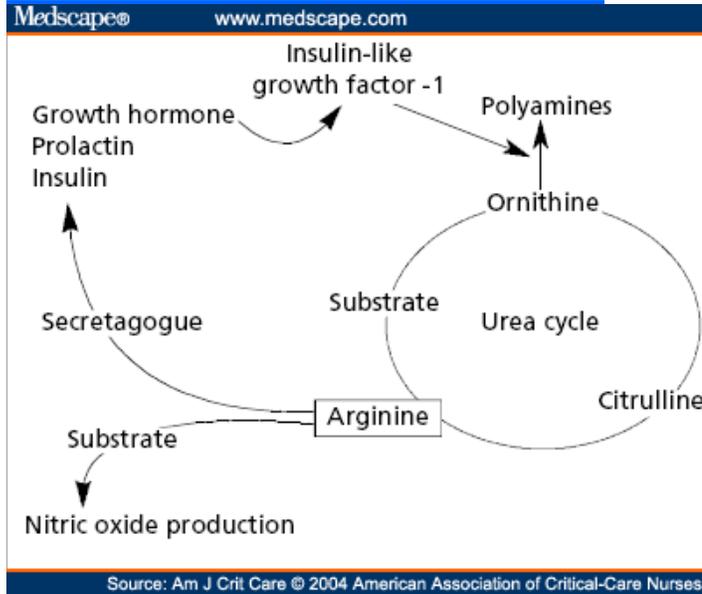
Mix two servings (2 scoops/25.0 g) with desired amount of water. You may use a small amount of water (1/2 cup) or 1 cup (8 oz) of water. 2 servings (2 scoops) contain 10 g (10,000 mg) of elemental L-Arginine bound to a BAAR. Taking less than 2 scoops at night will not induce the GH Protocol.

**Timing:** Take 30 minutes prior to SLEEP. Example: Dinner 8 PM, take **TRI MATRIX MD™** at 11 PM, and go to sleep at 11:30 PM. If you do not go to sleep within the 30-40 minute time period, you will receive the Nitric Oxide benefits, but not the GH benefits, as this requires going to sleep (a nap will not work) for at least 4-8 hours.

The Night-Time Protocol/Dosage must be taken on an empty stomach. You cannot eat for 2-3 hours prior to taking the Night-Time dose, or the product will not work (accessing the BBB and Delta sleep cycle is mandatory). Do not take within 2-3 hours of meals or snacks or drinks other than water. This dosage may be taken only one (1) time per day at bedtime.

**IMPORTANT NOTE: Do not use this Protocol if you are under age 23.** If you use the Night-Time Protocol (2 scoops), then you can only take a **Daytime dose one (1) time.**

## FIGURE 2. THE MECHANISM: GH



## **TRI MATRIX MD™**

**PRODUCT DATA & INFORMATION**  
**DIRECTIONS FOR USE**

WHY DON'T OTHER COMPANIES WHO MARKET L-ARGININE PRODUCTS, RECOMMEND THE SAME CAUTIONS AS TRI MATRIX MD™?

**TRI MATRIX MD™** L-Arginine researchers are leading experts in the field, and for the past 30-years, they have pioneered L-Arginine safe use in humans, longer than any other scientists in the world, including setting the first guidelines for L-Arginine dosing in humans, safe L-Arginine formulas, Blind Amino Acid® Riders for L-Arginine, and appropriate age-related usage of L-Arginine. As such, they require higher standards in L-Arginine formulas, including very conservative guidelines for use and cautions in every possible instance. We commend our scientists for being overly cautious in explaining all possible uses of L-Arginine and contraindications.

**IMPORTANT CAUTIONS - INTENDED FOR ADULT USE ONLY:** For use by adults over the age of 23. Keep out of reach of children. Not for use by pregnant or nursing women. Persons with diabetes, borderline diabetes, and cancer patients may only use this product under direction from their physician. Use only as directed. Not for use by anyone sensitive to any of the ingredients. Persons who have recently had heart attacks must consult their physician *prior* to using any L-arginine-containing supplement.

**L-ARGININE & TYPE 2 DIABETES**  
**IMPORTANT CAUTIONS FOR DIABETICS**  
**TRI MATRIX MD™ contains L-Arginine**

Type I diabetics are cautioned *not to use* L-Arginine products, such as TRI MATRIX MD™, as L-Arginine can block insulin. Type 2 diabetics may *only* use this product with extreme caution, and *only under very close medical supervision*.

L-Arginine products should be used only with *caution* by borderline diabetics.

L-Arginine may be very beneficial, though, to some people with type II diabetes or sub-diabetic insulin resistance, but it is necessary for these people to monitor their blood glucose levels more closely than normal, and strictly under medical supervision, while using L-arginine.

---